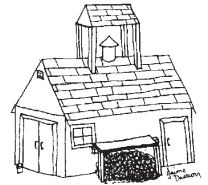


THE GUILFORD GAZETTE



Volume 22, Number 3

Guilford, Vermont

August 2016 Issue

“Nature’s first green is gold, Her hardest hue to hold.”

Welcome to Weeks Forest

BY LINDA HECKER

Who was Andrew Weeks? Where can you find a forest named after him? Thanks to efforts by the Guilford Conservation Commission you can discover the answers while enjoying a walk on the newly-improved Carriage Trail in the Andrew G. Weeks Memorial Forest, located in Guilford Center across from the old brick schoolhouse on Carpenter Road. This publicly-accessible land was conserved by the Reed Anthony family in 1992 via a partnership between the Vermont Land Trust and the New England Forest Foundation as a demonstration site for sustainable forestry practices.

Last year the Conservation Commission’s long interest in trail development led to a successful application to the Association of Vermont Conservation Commissions for a Tiny Grant, which provided most of the funds for trail improvements such as stone benches, informational waypoint posts and a trail guide. Members of the Conservation Commission and community volunteers provided the hard

work to clear and clean up the trail, install new signage, and write the text for the trail guide. They were aided by Jennifer Kramer’s sixth grade class. The sixth graders have a special relation to the Weeks Forest, where they spend Forest Friday’s (or Thursday’s) learning about the natural and historical significance of this area which was home to Guilford’s thriving Mineral Springs spa and bottling plant in the late 1800’s. The foundations and other remains of the Springs Farm buildings add an unusual cultural legacy to the beautiful natural resources such as the headwaters of the Broad Brook and stands of mixed hardwoods and farmland.

The Carriage Trail represents a real community effort: the sixth grade class, Historical Society, Guilford road crew, MT3 Excavating, Clear Solutions, and many community volunteers all contributed time and energy to making this hidden gem a viable town resource. Many Guilford citizens celebrated the official ribbon cutting and trail opening on July 2, with guided walks led by members of the Conservation Commission.

We now invite you to take a self-guided walk on the Carriage Trail in Weeks Forest. You can park near the trailhead, pick up a trail guide in the mailbox just inside the gate, and take a short and easy walk less than a mile long out and back. It’s a perfect place to meet friends or family, or take out-of-town guests for a walk that shows off some of Guilford’s loveliest landscapes.



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The *Guilford Gazette* was established in 1995 and was published by students at Guilford Central School, with support from the Town of Guilford, and is now published under the auspices of the Guilford Free Library. We publish four issues per year: November, February, May and August.

The *Guilford Gazette* is happy to print photos and articles submitted by the public. Please be aware that *the Gazette staff cannot be responsible for photographs and names printed without the permission of participants*. It is the responsibility of the writers and photographers to make sure they have permission to print.

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The Guilford Gazette is an all-volunteer newspaper that comes out four times a year. That's a big commitment for the four or five regulars on the staff, who take care of editing, production, advertising, printing and mailing it to every Guilford household. Here's how you can help:

- Prepare the printed newspaper for mailing by helping us with labels. If enough people show up, this only takes a few hours and it's a chance to socialize and get a sneak preview of the paper! Contact Cathi Wilken at the library [257-4603] to find out how you can help.

- Send in articles. This is a chance to let us know what your group, organization or business is doing in Guilford! Or perhaps you'd like to share a reminiscence, poem, or story with your fellow Guilfordites. Just limit your entry to no more than 500 words. You can submit articles to the Gazette by email to gazette@guilfordfree.org, or you can send a printed copy to Susan Bonthron (108 S. Belden Hill Rd., Guilford, VT 05301), or Gazette c/o Guilford Free Library (4024 Guilford Center Rd, Guilford, VT 05301). Please DO pay attention to deadlines!

- Join our staff. If you have an interest in becoming a staff member who can help with editing, advertising or production, we'd love you to join us at our "second Thursday of the month" meetings at 9AM at the Guilford Country Store. Meetings start on time and last no more than one hour.

- Donate. The Gazette always welcomes donations of any size. They help pay for postage and printing. Checks made out to The Guilford Gazette should be sent to Guilford Free Library, 4024 Guilford Center Road, Guilford, 05301.

Thanks in advance for your help in keeping our town newspaper alive and thriving!

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Weeks Forest Carriage Trail and Guilforts

BY TENZIN MATHES

Lately, in the field of education, there's been a movement for outdoor classrooms, mainly to teach younger kids in preschool or kindergarten about the woods and nature but also to introduce teamwork and perseverance to the kids. The idea behind the Guilford Forest Thursdays is to do that, but with older kids. The program's leader is Guilford's sixth grade teacher, Jennifer Kramer. She originally started bringing kids to the forest three years ago when she taught middle school, at first occasionally and later on a more regular basis. The middle schoolers eventually formed clans and built forts. They enjoyed it so much that it turned into a program for the sixth graders when the middle school moved from Guilford to BAMS.

Every Thursday of the school year, we, the Guilford 6th Grade, walk about a mile to the Red Brick schoolhouse on Carpenter Hill Road, where we have a short meeting. The meeting is usually about safety and the schedule for the day. Then we walk down the Weeks Forest carriage trail. Once we reach the old mineral spring dam we cross the river to Guilforts. There is a stretch of flattish land directly across the river. Behind that is a wall of steep hills, which lead to a meadow. Most forts are built on the flat stretch of land. The class is divided into 3 or 4 clans. The clans of 2016 were the Raccoon Clan, the Bobcat Clan, the Otter Clan, and the Gray Fox Clan.

The sixth grade goes all year round during all weather, unless it's hunting season,

or if the weather is dangerous. Guilforts is a place where sixth graders can build forts, make fires (fires are only allowed during winter and they cannot be made by anyone other than the sixth grade), cook food, and explore. Our personal favorite activities are freeroam time and firemaking. One of our favorite memories is going to the forest in winter, when the ground was one big sheet of ice. To cross the river we had to climb across logs, holding onto the root system of an uprooted tree. Once we got to the bank we formed a human ladder in order to scramble up the icy slope. We try to be as safe as possible and we also try to have a good balance between academics and freedom. For instance, we have free time but we also make maps and write survival journals. We have also done research on Weeks forest in the classroom and we incorporated math when we measured the distance from the school to Guilforts. Before we leave Guilforts we always do 'thanks and appreciations' around the campfire. Some examples of thanks and appreciations are thanking someone who helped you up the river bank or helped your clan gather bark for your fort. Thanks and appreciations is a closing ceremony and it's a time to calm down.

The sixth grade aren't the only ones using Guilforts though. Linda Lembke from the Guilford Conservation Commission came and talked to the sixth graders about making a trail in Weeks Forest, where Guilforts is located. The commission made a map of the trail, as well as brochures and informative signage. They have installed a map/

signboard outside the trail and made new parking. There was a grand opening for the trail July 2. You can find out more at the Guilford town website.

The Weeks Forest is a wonderful place where everybody can have fun. It has lots of old history to share with generations of sixth graders to come and the townspeople of Guilford.

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Third Grade Nature Program of 2015-2016

BY EMILY MATTHEW-MULLER AND ROSE STONE

Hi, my name is Emily. We just finished third grade and thanks to Emma Hallowell, our teacher, we have had a great nature program. We've gone on field trips to Bonnyvale Environmental Education Center (BEEC), Franklin Farm, and Billings Farm. We also had Woods Day on Wednesdays, and once a month we had Four Winds Nature Program.

BEEC is a place where you can hike and learn about animals. They have programs for kids while they're on holidays and during summer vacation. Franklin Farm is a local farm in Guilford that sells meat, milk, and string cheese. Billings Farm has cows and a museum about farming in the past.

The Four Winds Nature Program comes into classes once a month to talk about nature and do activities. It is run by community members in Guilford.

This year we learned a lot about birds. We made bird nests large enough for groups of us to fit in. We had to use only our feet, pointer finger, and thumb to build them. Everybody in our class picked a bird from Vermont to write a report about. Some people in my class finished the report with enough time to make a slideshow about their bird as well. We made portraits of each bird and listed details about their beaks, wings, and feet. We performed experiments to find out what kind of wings, beaks, and feet our birds had. We also learned about a bird called the bobolink on a trip to BEEC.

Hi, my name is Rose. Every Wednes-

day we went into the woods in the Fall, Winter and Spring, unless there was thunder or lightning or sleet.

Woods Wednesdays had the same routine each week. First, we walked outside and took a picture of the same tree so that we could observe the changes in the tree from week to week. Next, we walked silently to the basketball court behind the school. We listened to all of the sounds that we heard. We gathered together before we entered the woods to make a plan for our time. After we walked silently into the woods, listening to nature sounds, we would go to our "sit spot". Our "sit spot" is a place each kid in the class got to choose at the start of the year. While we were in our "sit spot", we looked and listened for any changes from the last week. And we wrote in our journals about our observations.

We played lots of nature games in the woods. One of the games we played was called Camouflage, which is like hide and seek, but the hider is the mouse of prey who tries to camouflage itself from the seeker, who is the hawk. Another game we played was called Tree Hunt, which was like a trust walk. One partner is blindfolded and the other partner has to guide him or her to a tree, describing where to step and how to move over logs and around rocks. In Bat and Fly, two kids (the bat and the fly) are blindfolded inside a circle made by the class. Every seven seconds the bat and then the fly shake a rattle, and the bat tries to locate the fly. This helped us to learn about Echolocation.

We also had fun during choice time in

the woods. Some of us made a mini-Guilford out of sticks that included the school, the church, the Blueberry Haus and some other houses. Other kids chose to build forts or fairy houses.

On one of our favorite days in the woods we had a campfire and cooked the marshmallows for S'mores. We learned how to be safe with fire in the woods—and we were very careful!

The last part of every Woods Wednesday was the Tick check.

We really loved Woods Wednesdays! It was fun and it taught us to be more aware of nature and of ourselves in nature.

This past year the third grade learned a lot about nature. Our hope is that all future third graders have the same experience.

Here are some links to the places we mentioned.

BEEC -

<http://beec.org>

Four Winds -

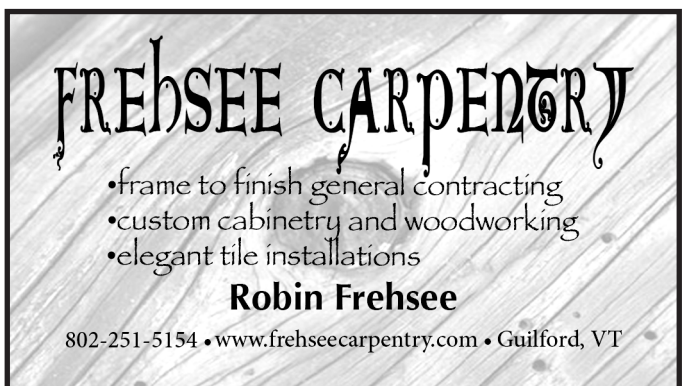
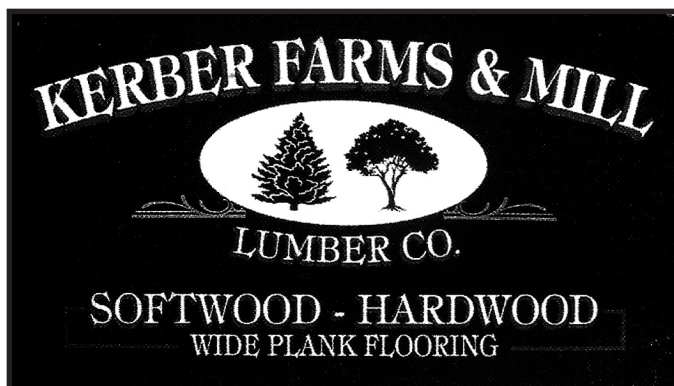
<http://www.fwni.org>

Franklin Farm -

<http://www.franklinfarm.net>

Billings Farm -

<http://www.billingsfarm.org>





*3rd Grade
Enjoying
Nature!*

Reminder from Guilford Selectboard

Spring has been an incredibly busy season for DOGS! Dogs have been running all over, not under the control of their owners (this is called "running at large"). As a result of this, the Selectboard will be working with the Guilford Dog Officer to rewrite the Dog Ordinance. In the meantime, if you are a dog owner, please make every effort to be a responsible one – make sure your dog is licensed with the Town and don't allow your dog to leave your property without putting it on a leash. It is safest for your dog, you and everyone else in the public and.... it is just good old fashioned common courtesy to your neighbors."



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New Farm in Guilford

BY ANDY LOUGHNEY

Tapalou Guilds is a small, diversified farm located at 710 Sweet Pond Road, approximately one mile from Guilford Center Village. We use organic growing practices to produce nutritious and delicious food. Our philosophy is that humans can obtain a bountiful yield from the land while also improving the health of our ecosystem.

This land has a long history of farming stretching back into the 1800s. Before sitting fallow last summer, it was most recently cultivated for corn silage by Paul Boyd, to whom we are grateful for his applications of manure on the field, which has a high percentage of organic

matter and prolific clover. We are honored to be the current stewards and hold the responsibility in high regard.

This year, we began the establishment of a permaculture orchard, or "food forest," planting hundreds of trees and shrubs for nuts, fruit, timber, firewood, wildlife habitat, and nursery stock. We are also growing a wide variety of annual vegetables both for summer consumption and winter storage and a diversity of flowers for our honeybees, other native pollinators and Hanna's bouquets.

Hanna has been an enthusiastic advocate for healthy, local food over the past five years, organizing a thriving Farm to School

program and Local Food Buying Club at the Guilford Central School. Through the efforts of the Farm to School team and other community members, GCS students will enjoy Franklin Farm organic ground beef in their lunches next school year in addition to potatoes planted by students at Tapalou, in conjunction with Circle Mountain Farm.

Andy is a certified permaculture designer focused on proactive and restor-

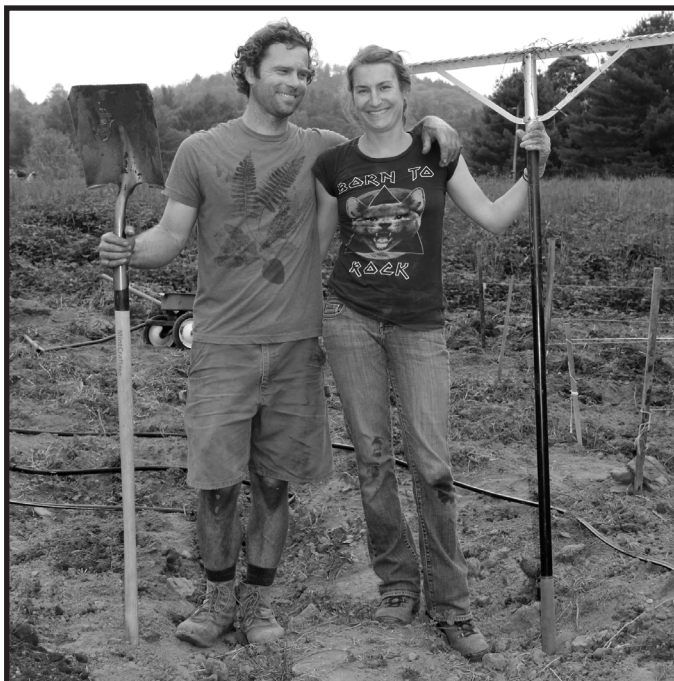
ative farm and food systems that display resilience and adaptability. He is most excited about planting Korean Stone Pine trees this year, which have the potential to produce pine nuts....in about fifteen years!

Until then, our farm stand is up and stocked with annual veggies, with a special thanks to Gary St. John and family for letting us temporarily pull power from their barn to run a refrigerator donated by the Mathes family. We are incredibly grateful for the support that we receive as we establish infrastructure and navigate growing food on a larger scale.

We also plan on building a wood-fired pizza oven to host occasional dinners on the farm using the food we have grown. The farm stand has also been designed to double as a small performance venue sometime in the near future.

A guild is an association of people for the pursuit of a common goal. It also refers to a group of plants that work in mutually beneficial ways. These definitions are at the heart of our endeavor. We seek to collaborate with other Guilford farms, our community, and plants(!) to ensure a vibrant and steadfast local food system.

For more information and photos you can find us on facebook, twitter (@VTapalou) or at tapalouguilds.com. You can also reach us at tapalouguilds@gmail.com or 258-8330. We hope to see you on the farm!



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When the Season Calls for Cider

BY NANCY DETRA

Seventy years ago there was a thriving 25-acre apple orchard in Guilford, overlooking Massachusetts from its perch high up on Gallup Mountain. Don Squires remembers collecting and sorting apples with his Gramps and Gram, his aunt and brother. A truck came up from Deerfield and hauled those apples by the 220 bushel-load down to New Jersey.

"We didn't make cider, no," says Don, now in his 80s. "Will Baker's sons came up from Weatherhead Hollow and picked up the drops" to use for cider.*

It was actually a peach orchard that inspired Verandah Porche to make Guilford her home. She remembers the orchard all in bloom in May of 1968, when she and her friends first set eyes on the farm in Packers Corners.

"It was such an ecstatic moment... We fell in love with the place because of the orchard."

But it was the desire to try making apple cider that motivated them to haul a megalithic cider press up to the farm from Leyden. Verandah and Peter Gould remember when they, and others, pressed cider from apples gathered around the Packers Corners farm, using power from their 1950 Ford tractor.

After several years of cider-pressing the diverging group gave up the project; and it wasn't until 40 years later that a smaller group, with a smaller, hand-cranked press began making cider again. In the meantime, Peter had started a small apple orchard on the hill above the house.

"What remains are the healthiest of the trees," says Peter, attributing their survival to the care of the late Richard Coutant, another member of the farm group.

"Four years ago was a great year," says Verandah—a year of great abundance. Then, she says, there was a down year, followed by a couple of bumper crops. The pressing has become an annual neighborhood event.

Andy Loughney and Hanna Jenkins are working hard to get their 10-acre farm on Sweet Pond Road up and running. They have started both an apple and a nut orchard, in addition to an extensive vegetable garden.

Andy points out an old concrete-based cider press that still stands on their farm. But it's a smaller, portable press that they bought with friends and used last fall. Their apple orchard is made up of some new trees they've planted and some old ones Andy has grafted. They've built a road into the orchard this year, and they're hoping to bring the press right into the orchard this fall.

In his soon to be released memoir, Peter Gould describes the farm year as book-ended by sugaring and cider pressing: "... six months after maple syrup time, a whole growing season has come and gone; now it's harvest apples and the antique press built for the job is alive again, and the heart turning toward winter—I for one will never forget the sound, the light, the color, the taste, the smell."

* Does anyone know anything about the cider making in Weatherhead Hollow?



CIDERING AT NIGHTFALL BY VERANDAH PORCHE

Cider streams like laughter
as we crank the press.
And beyond the press
a crown of leaves~
And beyond the leaves
a prowling bear~
and beyond the bear
the frosting wind~
and beyond the wind
a change of light~
and beyond the light
a tusk of moon~
and beyond the moon
wild galaxies~
beyond galaxies
a mystery~
beyond mystery...
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In Praise of Volunteers

BY ANNE MONTGOMERY

In April, President Obama celebrated National Volunteer Week 2016 by honoring “humble people of every background” who “through the smallest of acts do their part to improve the lives of others.” Reading this Proclamation made me think of the many Guilford folks who have given their time and talents to Guilford Cares, a local service organization.

Since 2004, Guilford Cares’ mission has been to help those in need: a ride to the doctor, a visit to a home-bound elder, nutritious groceries from the food pantry, or a walker from the medical supply cab-

inet. These free services happen because dedicated volunteers, for one reason or another, want to “do their part”.

Take, for example, the two friends from West Guilford who drive seniors to town for weekly shopping trips. Their outings together have become much more than just rides. They have made delightful new friends; they have listened to interesting stories about old Guilford families; and they’ve received lots of hugs!

Other “friendly visitors”, who spend time with people in their homes, relay similar stories. They are inspired by people who remain positive despite great disability or misfortune. One new volunteer, who retired last year, spent quiet time with a woman in her last weeks of life, and was able to give family members respite. She is continuing as a visitor in order to meet other Guilford residents and to develop new friendships.

Another home visitor with a medical background has been paired with a woman who needs blood pressure checks and help with walking after a stroke. Every visit,

however, begins with a little local gossip, family news, and a few attempts at the jig saw puzzle on the kitchen table.

Guilford Cares’ weekly food pantry, which operates out of the Grange in Guilford Center, has a few dozen volunteers. Jobs include transporting food, gleaning produce from area farms, processing vegetables for storage, and helping families navigate the pantry. The pantry’s director says it is wonderful to see the smiling faces, and the grateful “thank you’s”, and to know that they are making a tangible difference in people’s lives.

Volunteers help Guilford Cares in many other ways. Some serve on the Board, some help with fundraising, and some with financial details. There are so many ways to fulfill our motto of “neighbor helping neighbor”! Executive Director Leah Gessner is happy to welcome anyone with a little free time and a desire to help the community. Call 802-579-1350.

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by October 1st.

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A Beautiful Mug of Chai

BY APRIL JUDD

I pass by their home every day as I travel to and from work down Weatherhead Hollow Road. Often, I see a "Pottery open" sign hanging from a cute cottage turned clay studio. Curious about the place, I was elated when I was given the opportunity to interview Jenifer Morier and Neil Harley for the Gazette, and discovered they lived at the very home I was longing to visit! They are the faces behind Chai-Wallah and the chai cups the beverage is served in. They welcomed me into their home, shared the journey of their lives and served up a big delicious cup of iced Chai.

Neil started his life in Scotland. His mother was a Cordon Blue cook and his father a mining engineer and wine aficionado. They often traveled in Europe, camping along the way. Neil grew up with home cooked meals and began cooking at the age of ten. At 17 he went to cooking school, which began his meanderings

as a chef. In 1988 he moved to the States, landing in Berkeley, California, where he spent ten years cooking at numerous restaurants. Backpacking trips to India and Nepal introduced him to the life of Chai!

Neil made his way to Vermont in 1998, working at the Brattleboro Co-op as a cook. Here he introduced his Chai to the deli and also met Jen. After nearly 10 years of service, Neil left the Co-op and began focusing on Chai Wallah as his main living.

Jen grew up in Connecticut where she discovered pottery in high school. She took to it quickly and fell in love with the craft. After a restless year in college she headed west and worked for the US Forest service in Boulder, Colorado cutting down ponderosa pine trees infected by the deadly pine beetle. The traveling bug soon hit and she headed to Europe, finding work in Switzerland for a spell, then made her way home on a 36 foot sailboat. Eventually, she settled in Vermont to raise a family and built

her first studio and kiln. To supplement her pottery income, she worked as a cook at the local food Co-op. She focuses on functional porcelain ware but also enjoys the thrill and beauty of raku fired pots.

The path of Neil and Jen came together once again when they joined the Brattleboro Farmers Market to sell Chai and Jen's pottery. She also sells her work at the Guilford Country store, Molly Cantors Pottery Studio in Shelburne Falls, MA., and out of her studio on Weatherhead Hollow Rd. Jen welcomes you to stop by her studio by chance or appointment and you can order Chai online at www.chai-wallah.com.

I drove home thinking about my time with this lovely couple, inspired to follow my own dreams. And, since Neil's Chai is the best I've ever had, I can't stop thinking about my next beautiful mug of Chai.



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Guilford's Grange Hall: Saving and Growing a Community Resource

BY BOBBIE FITCH HAUMANN

On June 7, members of Broad Brook Grange #151 in Guilford took a huge leap toward making history. In a unique vote, 26 members attending a special meeting at the Grange Hall unanimously approved a motion to sell their building to Broad Brook Community Center "at a time and price to be determined."

What makes this unique is that it is the first subordinate Grange in Vermont to vow to stay active and sell its hall as a partnering move to better serve its community.

Most often, subordinate granges in Vermont have sold their buildings because they are disbanding and relinquishing their charter due to dwindling membership. Broad Brook Grange, however, has a healthy membership roster, and continues to add new members on a regular basis. In preliminary steps towards the sale, the Broad Brook Community Center Board, in its formation, adopted bylaws that assure that the building will continue to be the home of Broad Brook Grange "in perpetuity" as long as the fraternal organization exists.

Consequently, Guilford's Grange organization will continue to have a base without having to take on the monumental capital expenses that are needed to improve the Hall's viability as a public place for community activities.

This strategy evolved from discussions begun during the community visit process in Guilford in late 2013. As a result of a groundswell of community interest voiced in support of the building as a

community hub, a task force formed to further explore the future for the building. The result was the formation of Broad Brook Community Center Inc. (BBCC). This organization has already received recognition from Vermont as a charitable organization, and seated a 12-member Board comprised of a combination of Grange and community members. In May, it filed for federal non-profit 501 (c)3 status.

"More and more of our efforts have gone toward fundraising activities to try to keep up with minimal maintenance—an endless task! At the same time, we have come to understand that the steps needed to meet requirements for public accessibility and life safety will always be beyond what we can achieve as a fraternal organization (with limited access to special funding and the handicap that we are not a recognized

charitable organization)," the subordinate Grange wrote to the Vermont State Grange Master and Executive Committee this spring. Signoff by the Vermont State Grange Master and Executive Committee is critical to finalizing a sale. The June vote was the first of two votes that will need to be cast by local Grange members. An actual sale will require a second vote later when negotiations have been completed between Broad Brook Grange and Broad Brook Community Center—and final sign off by the Vermont State Grange.

For further information or to learn how you might be able to support this project, contact Bobbie Haumann at bf-haumann@myfairpoint.net, or the Broad Brook Community Center via Rick Zamore at rick.zamore@gmail.com.



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Guilford-Born Scenic Artist

BY CHRISTINE HADSEL

Charles Washington Henry was Vermont's most prolific and accomplished scenic artist. As well as painting at least 60 theater curtains—38 are known to remain—he wrote songs and plays, produced vaudeville skits, played several instruments, acted, and managed the Henry Family traveling troupe.

Charles Henry was born in Guilford in 1850. The family moved to Brattleboro where, at age 8, he fell out of a tree, broke his leg, and was laid up for a year. To occupy his time, he drew pictures of soldiers drilling for the Civil War outside his window. The family later moved to Massachusetts. Charles wanted to go to art school, but his father made him apprentice at a sewing machine shop. However, his passions were music and dramatics, and he joined the Dramatic Club where he met Martha Fisk, whom he married in 1873. Henry and Martha had four children: Arthur, Percy, Florence, and Grace, who died in 1987.

In the early days, trying to survive by acting and painting theater scenery, Charles and Martha almost starved, but

around the turn of the century, Charles found he could make a passable living by also providing the entertainment. Martha stitched pieces of muslin together to form the rolldrops and sewed the costumes. Henry wrote plays, and as the children grew older, they were all taught to perform. Percy played flute and horns, Arthur played violin, French horn and trumpet. Florence had a fine soprano voice and "Baby" Grace sang and danced.

The Henry Family Company produced theater curtains and booked shows at Town and Grange Halls throughout Vermont, in a caravan of horse-drawn wagons and then Model T Fords, carrying costumes, paints, play scripts, musical instruments and personal belongings.

In 1915, the Henrys got off the road and settled down, the troupe disbanding as the children got married. Charles and Martha settled in a house in North Ferrisburgh across the street from the Opera House, where Charles still produced entertainment. He died in November 1918. He and Martha are buried in North Ferrisburgh.

Charles Henry developed a distinctive

artistic signature for his Grand Drapes. The drapery is always red with gold highlights and gold cords, and underskirts in white and blue. They often feature European-style visions of castles, mountains, lakes and a stage coach with galloping horses. Two Grand Drapes feature Ben Hur's chariot race and several more show the romantic cliché of the noble stag. His street scenes have a strong focal point, and often feature a church steeple to help provide perspective. His seascapes invariably include a lighthouse located much too close to shore!

The stage at Broad Brook Grange contains four Henry curtains, and a set of ears and flats, which will be used in Guilford Center Stage's October 7-9 production of one of Henry's two surviving plays, "A Battle of Wits."

Christine Hadsel is author of the 2015 book, *Suspended Worlds: Historic Theater Scenery in Northern New England*. The Guilford Free Library has a copy.

Guilford Fire Department Report

BY WANDA ATOMANUK

The Guilford Fire Department, while continuing the traditional chicken BBQ at the Guilford Fair, will increase the menu choice by adding sausage grinders. Potato salad, corn on the cob and watermelon will still be available. Please support the fire department by stopping by.

The Zoll Monitor raffle winners:

April - Cheryl Atamaniuk, (Brattleboro),
May - Owen Hutchins (Vernon)
June - Megan and Greg Stoughton.
July - Gerald Baker

Guilford Fire Department Calls

April -

16 fire, 14 rescue, 2 mutual aid

May-

13 fire, 12 rescue, 8 mutual aid

June -

4 fire, 2 medical, 3 mutual aid

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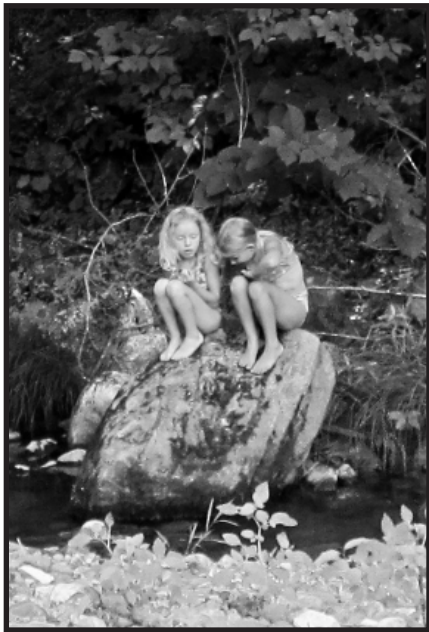


The Fuel Your Engine Gang

Exploring the new playscape on Carpenter Hill Road and the Weeks Carriage Trail and Woods were the highlights of camp this summer. In addition there was nature printing, building chimes for the playscape, foraging for and preparing snacks, making music, and of course, plenty of time to read. Photos by Dylan Young (mostly) and Cathi Wilken.



Where can we find food for snack?



A rocky retreat



Nature printing on tee shirts



Exploring the old swimming pool



Fishing at the playscape

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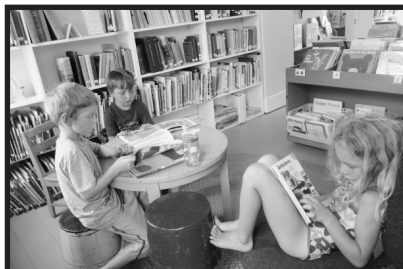
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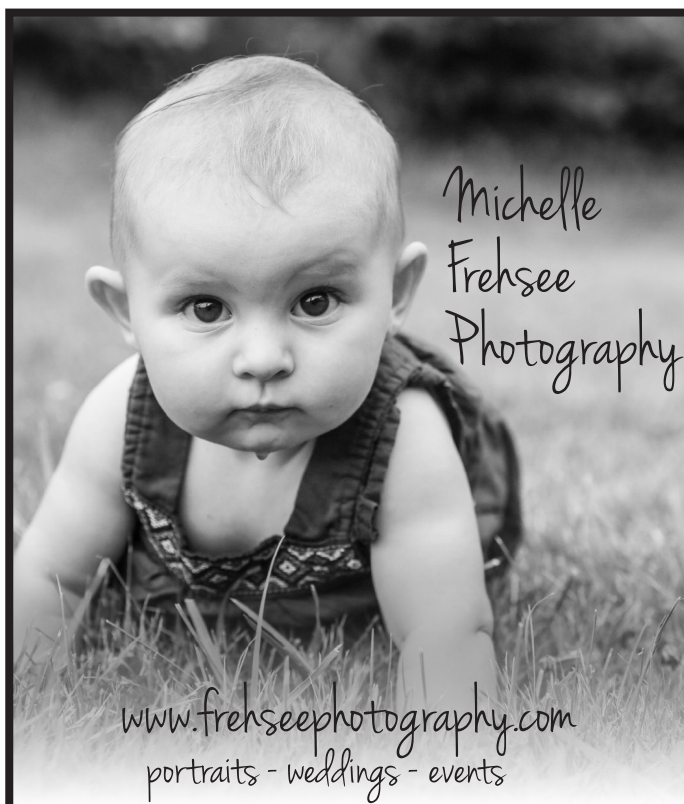
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Bridges: Threads in the Fabric of our Community

BY APRIL JUDD

Summer in Vermont brings long warm days, visits to our local swimming holes, enjoying ice cream at the Blueberry Haus and, yes, dreaded, road repair and construction. This summer, and next, will see the repair of several of our town bridges. As we all know the inconvenience and frustration this can cause, I wanted to shift our collective conscience to focus, instead, on how extremely valuable bridges are to Guilford's infrastructure. To do so, I reached out to our Town Administrator, Katie Buckley.

Katie is the keeper of much of the town's information and provided a valuable and beautiful perspective of the importance of Guilford bridges. "In addition to their very obvious value, local bridges silently serve to connect us—friends, neighbors, families," says Buckley. "They are more than just elements in our transportation system that allow us to get from point A to point B. They are essential threads in the fabric of our community. Imagine, for a moment, what Guilford would be like without any of its bridges? Guilford is 40.3 square miles (this is 6 miles square—just ask Al Franklin, Sr.!) with 77 miles of town roads—geographically, we are BIG which means our +/- 2,200

residents live in a scattered settlement pattern...most of which is connected by Guilford's many town bridges!"

"Despite the fact that bridges are valuable part of a town's infrastructure they typically are neglected by municipalities because of ever tightening budgetary constraints," says Buckley. Katie expresses concern that bridge deterioration is a slow crawl, often out of sight and thus out of mind. She continues, "Ignoring a proactive approach by deferring regular maintenance feels like the right thing to do in a single budget cycle. Unfortunately, employing a reactive approach creates outcomes that are crippling to taxpayers. The Town is working hard to shift our thinking about this," she continues. "This means that thoughtful, intelligent, long-range planning must be implemented by the Selectboard for all Town assets: buildings, land, equipment, roads and bridges." This will be a major focus of Katie's work over the next fiscal year.

Work is currently in progress for the Green River Covered Bridge. Closure of the bridge began June 20th and will continue through August 26, 2016. All work on restoring the historic bridge should be complete by the end of September. Katie also mentions that this bridge is her most favorite in all of Vermont. "Built in 1872, it is a lasting

piece of our heritage and a tribute to the true craftsmanship and artistry of the trades of that era," she says. "It is listed on the National Register for Historic Places and because of this, it is protected. About every 25 years it goes through a significant rehabilitation that breathes a new life into it. Through it all, including multiple flood events like Irene, it has remained standing strong." Katie adds, "Many complain about the Covered Bridge and the limitations it imposes on our modern world. What people forget is that it also protects that which we treasure most about living in rural Vermont—slow growth, minimized sprawl and preservation of the natural environment."

As we navigate new routes around current and upcoming bridge repairs, our call to action is to keep Katie's words as our collective calming salve and constant reminder that bridges, indeed connect us all.

For more detailed information on Guilford bridge repairs, visit www.guilfordvt.net and <http://www.us5bridgeguilford.vttransprojects.vermont.gov/>.

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Sweet Arugula Smoothie

BY JOANNA WILSON PHILLIPS, CNE

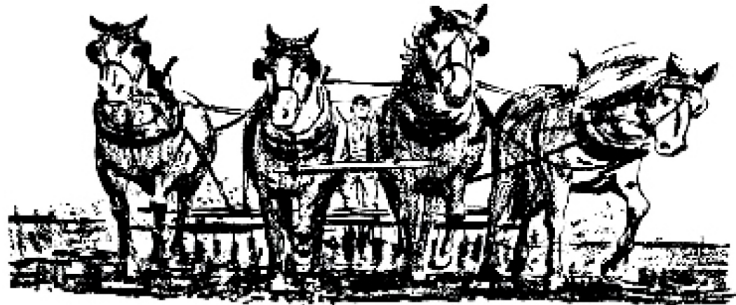
Serves: 2 Prep Time: 5 min
Blend Time: 1 minute

What You'll Need:

1/2 cup plain kefir
1/2 cup frozen blueberries
1/4 cup fresh arugula
1/4 cup kale (I used baby kale)
1/4 cup ice water
1 medium peach, cut into pieces
5 pieces frozen peach (about a half peach)
5-7 ice cubes
5-7 basil leaves, whole
2 Tbsp dried goji berries
1 Tbsp hemp seeds
1 Tbsp raw honey (the darker the better, may add more to taste)

Put It All Together:

Layer each ingredient into a high powered blender and blend for approximately 1 minute or until liquified. Adjust honey and/or goji berries to taste. Pour into two glasses and enjoy in the sunshine!



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Friends of Music Launches 51st Season on Labor Day Weekend

BY JOY WALLENS PENFORD

As it has for a half-century, Friends of Music at Guilford (FOMAG) will launch its 2016-17 Season with two concerts at Tree Frog Farm, off Packer Corners Rd. in idyllic rural Guilford. A 7:30 concert in the Organ Barn on Saturday, September 3, is followed at 2:00 on Sunday with a lawn concert by the Guilford Festival Orchestra.

Saturday evening's program, entitled "Music in the Age of Enlightenment," will feature the internationally renowned Duo Les Inégales—Rodrigo Tarraza, traverso (transverse flute),

and Christine Gevert, harpsichord and organ—with guest soloist Nicholas Tamagna, countertenor. Composers include Bach, Telemann, Corelli, and their contemporaries. Founded in 1995, the Duo has performed and recorded in Europe and South America. The program will include works for the trio with harpsichord, and solo organ selections performed on Friends of Music's c. 1897 Tracker Organ. A reception follows.

Repertoire for the Sunday concert is still in the planning stage. Works by classical masters and contemporary composers will be led by conductor Kenneth Olsson with full orchestra and sometimes in arrangements for strings and winds. Orchestra members are a mix of professional musicians and talented amateurs from Vermont, other New England states, and even further afield. Vocal soloists are a frequent feature as well. These concerts traditionally end with a grand sing-in of Randall Thompson's "Alleluia"—extra copies are available.

Admission for both concerts is free, with generous donations encouraged to support the considerable costs of this musical weekend in the country.

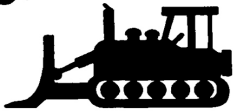
The grounds open on Sunday at noon for picnicking; attendees can bring their own lunch or buy one offered by FOMAG for \$10 per person. Lunch includes a variety

of hearty homemade salads, hard-boiled eggs and Grafton cheddar, Red Hen bread, local tomatoes and fruit, as well as a choice of bottled water or specialty natural teas and juice blends. Warm chocolate chip cookies and refreshing lemonade are also available. The FOMAG retail corner offers t-shirts, sweatshirts, and totes, blank cards with designs by local artists whose work has graced FOMAG program covers and posters, and CDs of many past performances.

The 51st season lineup also includes the 46th Annual Community Messiah Sing: A Benefit for the Homeless on December 3 (FOMAG has raised over \$16,000 since 2007); the 44th Christmas at Christ Church at that historic Guilford landmark; a Midwinter Musicale in late February and improvised Early Music accompanied on harp, violin, guitar, and keyboard; a Women in Music gala benefit in April; the 9th annual Spring Organ Recital and holiday cookout on Memorial Day weekend, and a season finale A Cappella à la Carte with a short membership meeting, all-community potluck, and vocal concert.

For further details, check the FOMAG website at www.fomag.org or contact the office to request a calendar: (802) 254-3600 or office@fomag.org.

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*If you would like to donate to **The Guilford Gazette**, you can send a check payable to The Guilford Gazette c/o Guilford Free Library, 4024 Guilford Center Rd, Guilford, VT 05301. Thank you in advance!*

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Almost Autumn in a Guilford Garden

BY LINDA HAY

Conventional gardening articles at this time of year are about apples or squash or too many tomatoes, or cutting back plants before winter, but I'm writing about doing some of the things you can best do in autumn to prepare for next year, planting shrubs and spring bulbs!

Late summer is a great time to evaluate your shrubs. Have they outgrown their space? Check to see if they are varieties that should be pruned in fall or during their dormant season. Google "(name of shrub) pruning" to find out. It is also time for planting shrubs. The selection at the nursery may be poor, but online specialists have some grown especially for fall planting. At this time of year, days are getting cooler and shrubs have time to get roots established before the cold really takes over.

How about a shrub or two that provide food as well as beauty? Do you know about the company Edible Landscaping? They ship year round and while you have to check to see if the variety is hardy enough for zone 5, their packaging is incredible and variety amazing. I'll be planting blight resistant hazelnuts, Ben Lear cran-

berries (yes, I already grow cranberries) and a fall bearing bush cherry called Joy.

Some perennials are best divided now, and any space that opens up can make room for spring bulbs. I mail order mine from a few companies that import bulbs, doing it early so they still have the ones I want. I am a daffodil fan because nothing eats the bulbs or plants, and if they are happy they multiply and can be naturalized or can be dug up to spread into even more areas. If yours seem to be having fewer flowers, divide them now and you may not have to order more!

I also love the "small bulbs", especially those that are deer or rodent proof. Many of them will thrive in areas of dappled shade before the trees leaf out. Some can be planted in woodlands if the soil, moisture, and amount of light are right. Hyacinthoides—think hyacinth but wild and small—are a family that includes the English bluebell; they come in white, blue, and pink. Put them in a shady spot with moisture and a loose soil with leaf mould (or compost) and they may even be happy enough to spread. People in the UK will travel great distances to see a really beautiful bluebell wood where the blossoms create a blueish haze about eight inches above

the soil. I have a bluebell corner myself.

I use Van Engelen Inc. as my main supplier, choosing from their wholesale catalog, for many reasons: Buying in bulk gives me a bigger splash, the price is great for top quality, they are still family owned, and packaging is specific to the variety. Over the years I have come to appreciate having groups of a specific variety appear at the same time throughout my flower beds, feeling it looks more natural. For smaller quantities John Scheepers is their retail branch, and puts out a full color "Beauty from Bulbs" catalog. The mailing address for both is P.O. Box 638, Bantam, CT 06750 and their websites are the company names. com. They also provide plenty of information on how and where to plant. I use the catalogs and websites together to decide what I want and in what quantity.

I try to prepare spots for planting in advance. Once they are in the ground, I feel as if there is a wonderful surprise package waiting for spring to be opened.



Do you remember going to a one-room school in Guilford? Did you help bring in the hay when you were a kid? If you'd like, Ann Canedy would enjoy helping you share these (or other memories you have of Guilford in days gone by) in the Gazette. Call Ann at 254-2489 or let us know at gazette@guilfordfree.org. She'd love to hear your stories, and share them.

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Free Passes @ Your Library

BY CATHI WILKEN

Summer isn't over yet, and there are some beautiful fall days ahead. As you are planning the rest of your precious days, remember these too often overlooked treasures.

The history of Vermont is well preserved in an exceptional collection of historic sites stretching the length of the state. Ranging from prehistoric encampments, to pivotal Revolutionary War sites, to the homes of U.S. presidents,

Vermont's historic sites chronicle the development of a state, its people, and the nation around it.

Thousands of Vermont acres are open for exploration within its state parks. Scout wildlife or wildflowers, wander through history, or just sit back and wonder at the beauty of it all. Vermont's state parks are as varied as its people, and there's a park just down the road from wherever you are.

The Guilford Free Library has a free pass

for each available for loan. The Vermont State Park Pass and the Vermont Historic Sites Pass each admit one group of up to eight people free for one day. You may reserve one or both of these passes. Call 257-4603 to reserve your pass. These passes have been made available free to public libraries with the assistance of the Vermont Department of Libraries. Enjoy them!

Thanks from the Guilford Historical Society

BY FRED HUMPHREY

The Guilford Historical Society wishes to express its gratitude for all the pies, baked goods, plants and donations that made our May, 2016 Annual Plant and Bake Sale such a huge success. It takes many helpers to mark the donated plants and baked goods; to lug the plants in and out from the donors' and customers' vehicles; to run the cash box; to at-

tend planning meetings; to make dozens of phone calls; and to put up the tents and later take them down. Grateful is our word for all this help.

We can't forget to mention how much fun we have seeing our friends and neighbors and how much we appreciate people like Doug Richmond, the owner of Richmond's Garage, for allowing us to use such a con-

venient location for the sale. We also appreciate the Guilford Volunteer Fire Department for their help.

So we are offering our special thank you to all of you—and especially to our customers! As George Ellison wrote, "How Beautiful a Day Can Be when Kindness Touches It."

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AUGUST

15-19 STAGE AND STREAM

9 AM-3.30 PM (free) Camp for Grades 5-8, Broad Brook Grange and Guilford Free Library

30 FIRST DAY OF SCHOOL

SEPTEMBER

3 FOMAG-MUSIC IN THE AGE OF ENLIGHTENMENT

7:30 PM, Organ Barn (by donation) information 254-3600

4 FOMAG-ORCHESTRA LAWN CONCERT AND PICNIC

2 PM Organ Barn (by donation), grounds open at noon for picnic, buy (\$10) or bring

4 & 5 GUILFORD FAIR

9 AM-4 PM, Adults \$8, kids \$2
guilfordfairvermont.com for information

16 MOVIE: VERMONT MEMORIES III

1 PM (free) Guilford Community Church sponsored by Guilford Free Library.

OCTOBER

7 & 8 A BATTLE OF WITS

7:30 PM Guilford Center Stage, Broad Brook Grange (\$10)

9 A BATTLE OF WITS

2 PM Guilford Center Stage, Broad Brook Grange (\$10)

16 GHS ANNUAL MEETING 2pm

Broad Brook Grange

21 MOVIE:TBA

1 PM (free) Guilford Community Church sponsored by Guilford Free Library.

NOVEMBER

19 COMMUNITY THANKSGIVING

POTLUCK

5 PM Broad Brook Grange

ONGOING

Tuesdays:

•**STORYTIME- 11 AM** Library. Cathi Wilken or Laura Lawson Tucker presents a program of songs, fingerplays, books and activities for babies, toddlers and older siblings. No charge. Information: 254-6545

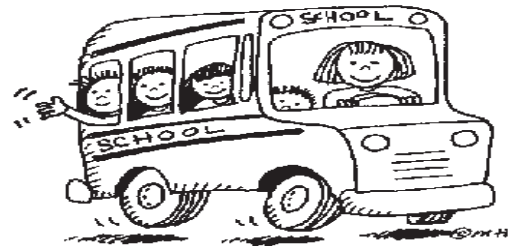
3rd Wednesday of the month:

•**TALK ABOUT BOOKS, 6:30 PM**, library. Books are available to borrow from the library. No charge.

Every Thursday:

•FOOD PANTRY 5-6 PM.

Broad Brook Grange



Town of Guilford Meeting Schedule

Name of Meeting	Meeting Day(s)	Time	Location	Contact
Selectboard	2nd and 4th Mondays	6:30 PM	Town Office	www.guilfordvt.net
Planning Commission	3rd Mondays	7:00 PM	Town Office	www.guilfordvt.net
Conservation Commission	3rd Thursdays	5:00 PM	Town Office	www.guilfordvt.net
Cemetery Commission	3rd Thursdays	5:30 PM	Town Office	www.guilfordvt.net
School Board	1st and 3rd Mondays	6:30 PM	School	www.guilfordvt.net
Fire Department Trustees	1st Mondays	6:30 PM	Fire Station	254-4413
Firefighter's Meeting and Drills	Every Tuesday	6:30 PM	Fire Station	254-4413
Fire Department Auxiliary	1st Thursdays	6:30 PM	Fire Station	gfdaux@yahoo.com; 254-4413
Guilford Cares	2nd Wednesdays	6:00 PM	Town Office	gcares@comcast.net
Guilford Pitstoppers	1st Mondays	7:00 PM	GCC	pitstoppers@comcast.net
Library Trustees	3rd Mondays	6:30 PM	Library	guilfordfreelibrary@wordpress.com
Historical Society	TBA	6:30 PM	Town Office	www.guilfordhistorical.org
Broad Brook Grange	1st Thursdays	7:00 PM	Grange Hall	
Guilford Gazette	2nd Thursdays	9:00 AM	Country Store	gazette@guilfordfree.org

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Community News



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ABOUT THIS COMMUNITY NEWSPAPER

This newspaper is for you! We (the community volunteers) put together this newspaper for the community. We welcome your comments and questions. We hope that the *Gazette* provides a way for people in the community to communicate about local interests and goings on. Anyone can submit an article or letter to the editor--just put it in the *Gazette* Box at the library or the school, or mail it to *The Guilford Gazette* c/o Guilford Free Library, 4024 Guilford Center Rd, Guilford, VT 05301. You may also email us at: gazette@guilfordfree.org

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Guilford Fair 2015

